



INTERNATIONAL FEDERATION  
OF PSORIASIS ASSOCIATIONS

Complementary program for allied health professionals

# 2<sup>nd</sup> WORLD PSORIASIS & PSORIATIC ARTHRITIS CONFERENCE 2009

“Psoriasis – Skin and Beyond”  
June 24 – 28 2009, Stockholm, Sweden



Photo by Olof Holdar

[www.ifpa-pso.org](http://www.ifpa-pso.org)

# Welcome

*Dear Friend,*

It is an honor and great pleasure for us to welcome you, as allied health professional, to the 2nd World Psoriasis and Psoriatic Arthritis Conference and especially to this complementary program that has been developed in cooperation with ISNG, The International Skin care Nursing Group. From the psoriasis patients perspective it is of enormous importance and value that people around us, especially those who we meet due to our disease, are familiar and updated with the

new facts and findings concerning our condition. We are confident in that by taking part in the complementary program in combination with the general program you will get the latest information delivered by lectures from leading world experts and professionals who care for people with psoriasis in their every day work. We are proud to give you this unique opportunity of medical education and personal interaction and cordially welcome you to the conference.

Yours sincerely,



Lars Ettarp  
President of IFPA



Prof. Joerg C. Prinz  
President of the 2nd World Psoriasis and  
Psoriatic Arthritis Conference 2009

## Background Statement

During the last 10-15 years the picture of psoriasis has changed completely. Extensive clinical and scientific research has dramatically enhanced our understanding of the pathogenesis of psoriasis and its genetic background. From solely being considered a disease of the skin and in some cases of the joints, we have now come to know psoriasis as a chronic, systemic, inflammatory condition that affects also several other organs, systems and functions of the human body.

A revolution in development has been taking place by the introduction of biologic therapies as effective treatment modalities for long-term control of the disease. The expanding knowledge of the

underlying mechanisms of psoriasis and how co morbidities can be prevented brings changes for everyone involved in the treatment and care of patients with psoriasis and psoriatic arthritis.

## Aim of the complementary program

It is essential that all professionals that are involved in the treatment of psoriasis and psoriatic arthritis will get access to the latest research results and knowledge about the new fact about psoriasis. The complementary program aims to expose and implement the scientific breakthroughs and latest research results to an even broader and wider target group that treats and cares for psoriasis patients in their daily work.

## Target groups

Nurses, physiotherapists and other health personnel involved in the treatment of psoriasis and psoriatic arthritis

## Delegate fee

Early fee - until April 1	SEK 4375
Between April 2 – May 28	SEK 6250
On site fee	SEK 6875

## Program access and availability

The program for allied health professionals is part of the general program. All delegates of the conference have full access and possibility to attend either the complementary program or the general program by choice at all times. All sessions are open and available to all delegates.

For Registration please visit [www.ifpa-pso.org](http://www.ifpa-pso.org)

## Important information

As this is a part of the General Program, please see the Invitation Program for all details concerning the 2nd World Psoriasis and Psoriatic Arthritis Conference or visit our website: [www.ifpa-pso.org](http://www.ifpa-pso.org).  
IFPA Secretariat, E-mail: [ifpa@pso.se](mailto:ifpa@pso.se)

## Complementary program at a glance

### Thursday June 25, 13.30 – 15.30

- Introduction to the complementary program
- Psoriatic arthritis – From a physiotherapeutic point of view
- Nurses prescribing
- Psychosocial Issues and developing effective support in Psoriasis

### Friday June 26, 10.30 – 12.00

- Topical therapy - Easy, available and not to be forgotten
- Phototherapy and photochemotherapy - When topical treatments are insufficient
- Photosensitivity and photoallergy
- Systemic therapy - i.e. Biologics, Methotrexate, Cyclosporine, Retinoids

### Saturday June 27, 13.30 - 15.00

- Pustulosis palmoplantaris - Painful and hard to treat
- Psoriasis does not stop at the ankles - The importance of podiatric care
- Drugs/Medications that deteriorates psoriasis
- DLQI, PASI-score and other ways to measure psoriasis

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